## **Supply List**

I tried to find the most inexpensive supplies for learning I could find on line. For some you may have local options available to you. For example, in RI there are Job Lots that have great pricing on art supplies. Art and Crafts stores I find to be expensive unless you catch a sale. I prefer more professional art supply stores like Jerry's Artarama or Dick Blick. My preference of the two is Jerry's. I feel their prices are the best but that will be a personal decision.

I don't want you to get too emotionally tied to your learning stage paintings because of the money you spent on the supplies. If you are resourceful and handy you can really keep your costs down but if not I have listed options, particularly in panels to keep costs down. For learning, hardboard panels are the best. I used to buy sheets of untempered masonite at \$12 dollars a sheet and cut them into the sizes I needed. Now stores carry hardboard cut and gessoed and although not as inexpensive as I did it, It's still a very inexpensive alternative.

You want a smooth surface. You can save a little if you gesso your panels yourself, possibly. You'll have to weigh that out.

Canvas Boards are the easiest to find and very inexpensive. So Start with them if you need to.

8x10, 9x12 and 11x14 are the sizes you will need. 9x12 being the best.

Here are some of what I prefer and recommend.

## **Panels**

### **Dick Blick**





## Jerry's

## Both of these will need to be gessoed





### **Palette Knives**





Stainless Steel Painting Knife Style 30T (2-3/4" Blade) 2-3/4 In

Stainless Steel Painting Knife Style 29T (2-1/8" Blade)

### **Paints**

Honestly, I would prefer you use oils, Oil paints in tubes use natural non toxic oils to bind them in all brands. The brand below uses walnut oil. Walnut oil can be used to thin your paint and clean your brushes. This avoids toxic turpentines and other mediums that use toxic ingredients. My brands of choice are Permalba, Windsor Newton, Grumbacher and I have tried others. These can be found at Jerry's and other art supply stores. Winton Newton a student grade paint can be found at Michaels.

For those that would like a more robust brush cleaner Chelsea Brush cleaner is something I've been using. I also use it in a gel like Resingel by Permalba or Gamblin has gels I will add a little in that for a medium to loosen my paint.



https://www.jerrysartarama.com/chelseaclassical-studio-citrus-essence-brush-cleaner

If you feel you need to use Acrylic I recommend an extender. I prefer Golden and Liquitex brands. In some cases, better quality materials makes learning easier. Tools are important to the outcome. So there is a balance you will have to weigh out.



To Draw out your composition, I just use yellow ochre in the paint I'm using. You can also use a pencil like below in a neutral color.



You could choose to use Pastels to learn this method. This is my second choice to Oils.

I have used this brand and some others. I can't say I have noticed a difference in brands. I don't use pastels often enough to say though. I have done commissioned work and have been very happy with the results



Extra Soft Pastel Cardboard Box Set (Set of 30) Assorted Colors

### **Color List**

When it comes to colors, The more you have the better. You want to have as many choices available to you that won't require mixing colors for the early stages. I understand if that has to be kept at a minimum. We will do our best with what we have. I will put together an essential list and a preferred list. For ease of following along the brand of paints I strongly suggest Winton Newton, a student grade lesser expensive paint and or Permalba brand which the colors are harder to come by now except for white. I strongly suggest this brand for your white.

## **Preferred**

Permalba White in oils which is bound with Safflower oil and refined linseed oil or Titanium White for non toxic or other mediums

Cadmium yellow light
Lemon yellow
Cadmium yellow
Cadmium yellow medium
Cadmium Yellow Deep

### **Yellow Ochre Pale in Winsor Newton**

### **Cadmium Orange**

Cadmium Red light Scarlet Red Cadmium red Cadmium Red Deep

### **Permenant Rose**

Cadmium Violet I prefer Permalba brand but I've used this other brand shown on the right. Something close to these colors of violet. It's sort of in the middle of warm and cool but definitely not too red.





This violet I found to be comparable to the

permalba violet I used to use but it's difficult to get now.

Winsor Violet Dioxazine Magenta Alizarin Crimson

Cobalt Blue French Ultramarine Blue Manganese Blue Cerulean Blue

**Permanent Green Light** 

## Permanent Green Viridian

Raw Sienna

# **Essential List**

Permalba White in oils which is bound with Safflower oil and refined linseed oil or Titanium White for non toxic or other mediums

Cadmium yellow light Cadmium yellow Cadmium Yellow Deep

**Yellow Ochre Pale Winsor Newton** 

**Cadmium Orange** 

Cadmium Red Deep

**Permenant Rose** 

Cadmium Violet I prefer Permalba brand but I've used this other brand shown on the right. Something close to these colors of violet. It's sort of in the middle of warm and cool but definitely not too red.





**Violet** 

Dioxazine

**Alizarin Crimson** 

Cobalt Blue French Ultramarine Blue Manganese Blue

Permanent Green Light Viridian

### **Brushes:**

You don't want to go too cheap on your brushes but you don't need the best either. You are going to have to try brushed out to see what feels right for you.

I personally like long handled, long haired brushes with a restful bounce. So not too Soft and not too stiff.

This would be a good place to start. You need at least 3 to 5 brushes to cover size. This set from Jerry's Artarama is a



good place to start. I prefer Phillips style tips, which is the largest brush in this pack brights also come in handy like the one to its right. This pack is only \$11/\$12 bucks. I've also found Decent sets like these at Job Lot (A Rhode Island Store)

#### **Palettes and Easels**

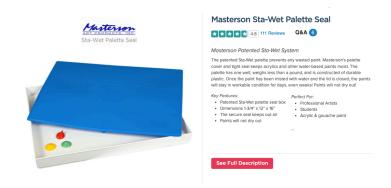
Below are some suggestions.

When it comes to palettes I strongly suggest either wooden or grey. In the event that you chose one of the white palettes, particularly a mastersons, I would use either grey liner paper to stick to either your palette or a glass insert. You want a neutral foundation to mix paint on.

https://www.jerrysartarama.com/soho-grey-toned-disposable-paper-palettes



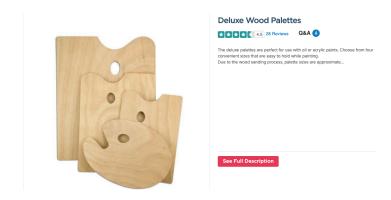
https://www.jerrysartarama.com/masterson-air-tightpalettes-and-accessories Buy Clove Oil to Put on Furniture Pads to keep paint wet.



## https://www.jerrysartarama.com/masterson-aqua-prowatercolor-palette



## https://www.jerrysartarama.com/deluxe-wood-palettes



## Tip:

In your airtight palettes, buy Round Felt, meant for chair bottoms, and Clove oil. Put oil on the felt and place in your

airtight container with your paint. It will keep your paint wet longer.

## **Easels**

This will be a personal preference and how much you want to spend. My first choice is below the light weight travel easel which will give you the choice of using at a table or to stand at.

Second is the French Easel which also gives table or standing options but is more heavy. You can carry paints brushes and a painting in and on them.

## I prefer my students stand

at their easel so they can easily get up to step back but right now many are at a table.

There are many more to choose from.

For Plein Air Painting adding a stool can be nice to allow sitting while painting from life.

https://www.jerrysartarama.com/easels/lightweight-fieldeasels/creative-inspirations-valerri-lightweight-travel-easel



#### Valerri Lightweight Adjustable Travel **Easel By Creative Inspirations**

★ ★ ★ ★ 4.8 25 Reviews

Q&A (5)

Lightweight Versatile Easel Design With Many Features!

Stable, ultra-lightweight, and compact, the Valerri Easel is made for plein-air painting and travel. The easel weighs only 2.82 lbs and comes with a nylon carrying case with shoulder strap. It will hold any reasonable width panel, canvas, or pad up to 28.7" high. Unlike other portable easels, Valerri features a crank for canvas height adjustment and locking mechanism designed to precisely adjust the easel depending on the size of your substrate. The top canvas holder adjusts to provide a firm hold for a variety of substrate depths. Easel legs have rubber swivel feet that adapt to uneven terrain, and a bubble level on the base helps you monitor the stability of your easel.

Perfect For:

- Weighs just 2.82 lbs
  - Oil or acrylic painting
- Holds canvases & panels up to 28.7" Securely holding any reasonable Spring-loaded top clamp holds
  - width panel, canvas, or pad
- canvas securely Height adjusts with crank & lock
- · Floor and tabletop configurations
- Students, amateurs, professionals

See Full Description

### I Found This one below on Amazon



STARHOO Reinforced Easel Stand for Painting Canvas Art Easel for Table Top / Floor 21" to 63" Adjustable Aluminum Easel with Portable Bag Pink

Brand: Starhoo

★★★★☆ ~

\$3999

**√**prime

FREE Returns ~

Get a \$150 Gift Card: Pay \$0.00 \$39.99 upon approval for the Amazon Prime Rewards Visa Card. No annual fee.

Style: Newmodel Pink

Black \$21.99 Classic Black \$19.99 ✓prime

### **French Easels**

Jerry's in Providence has them at the lowest for \$119.00 I have seen them and bought them at Job Lot for \$50.00. That's hit or miss.



SoHo Urban Artist Lightweight Mahogany French Easel

was starting at: \$245.00 Starting at: \$89.99



SoHo Plein Air Pochade Box Easel

was starting at: \$286.95 Starting at: \$109.99



Safari 2 French Easel Walnut Finish

was starting at: \$670.85 Starting at: \$193.89



Monet French Easel

was starting at: \$449.55 Starting at: \$99.99



Creative Mark Cezanne Half Box French Easel

was starting at: \$439.55 Starting at: \$99.99



Traveling Monet French Easel

was starting at: \$387.65 Starting at: \$120.85



Grand Luxe Full & Half Box French Easels

was starting at: \$488.50 Starting at: \$139.24



Paris Deluxe French Ease

was starting at: \$18.75 Starting at: \$3.93









Don't forget, Papertowel, Small containers for walnut oil and a brush cleaning container like this, <a href="https://www.jerrysartarama.com/da-vinci-air-tight-brush-washer">https://www.jerrysartarama.com/da-vinci-air-tight-brush-washer</a>

